



# Why Climate Change Begins at Home

A set of educational resources  
for parents





## Introduction

Dear Parents,

You take care of your children, and you also teach them important skills for life. You are role models for them, and you shape their personality. Your role in their lives is irreplaceable and crucial.

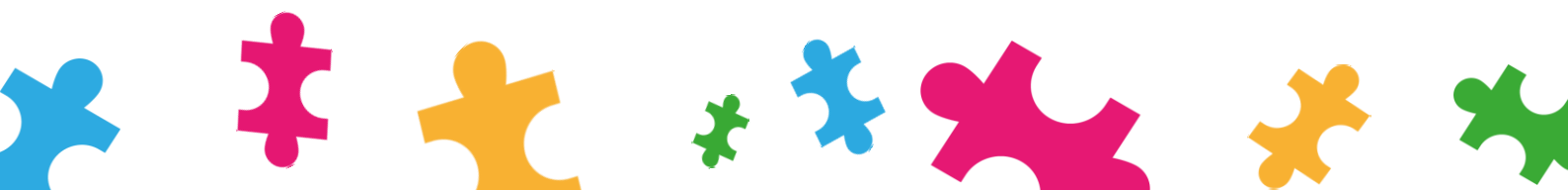
The ecology and future of our planet Earth is a more important topic for young people than it has been in your lives, during your childhood and adolescence. As parents, you should keep up with your children. Planet Earth is the only planet we have for life and is common to all people. We bring you educational tools for parents that include short educational videos, household exercises, and tips for parents in the field of ecology.

The topic of this set of educational resources is Why Climate Change Begins at Home. You can learn about this topic. You have a chance to find out what ecological and educational activities you can do with your children and how your family can further reduce the negative impact on our planet Earth.

## Educational Video

You can find a video on Why Climate Change Begins at Home at the following link:

<https://youtu.be/Ond49LtxO7M>



## Household Exercise

Topic Addressed (1 of the 12): 3. Why Climate Change Begins at Home			
Exercise Title	Homemade Shampoo		
Duration of Exercise (in minutes)	Approximately 10 minutes + buying	Materials Needed	An empty shampoo bottle, distilled water, liquid Castile soap - it can be unscented, but you can choose your favourite, jojoba or light vegetable oil, favourite essential oil
Introduction	Teach your child how prepare a natural shampoo. Switching to natural shampoo is not only better for the environment; it can also be better for the appearance of your hair.		
Step-by-step instructions	<p>Mix the following ingredients - 1/4 cup distilled water, 1/4 cup liquid Castile Soap, 1/2 teaspoon jojoba or other light vegetable oil and finally, your favourite essential oil.</p> <p>Store in a bottle. Shake before use. This mixture isn't as thick as commercial shampoos.</p> <p>If you want to try a different procedure, check out YouTube for more recipes for homemade shampoo.</p>		

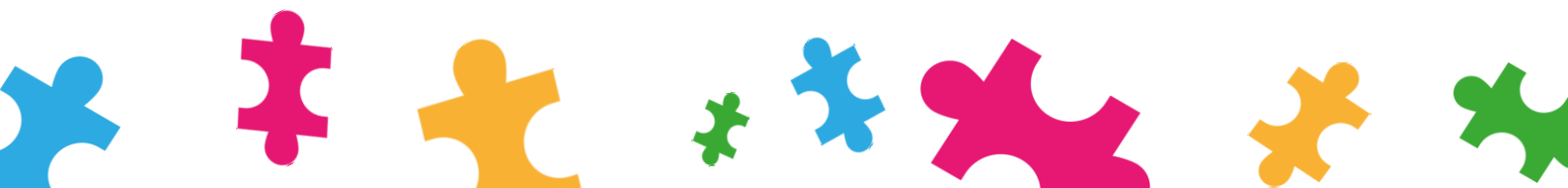
## Tips for Parents

**Tip 1. Don't buy a new vase; make your own together with your children!**

You will need: A bottle or jar, decoupage glue, designed napkin, brush, scissors, tape measure.

The first thing to do is to measure the jar, so you can cut the exact portion of the napkin in order to cover all the jar body. Napkins usually have 3 layers. Once you cut the exact portion of the napkin you need, you have to remove the 2 layers under the layer where the design is.

When you are ready, hold the jar in a way that can allow you to glue it and also place the napkin conveniently. First glue a little portion, where you will place the napkin afterwards. Once you placed it, glue the napkin on the top of it as well. This is the time when you have to be careful because the paper can get wrinkles. Go all the way around, applying the decoupage glue by portions. First, apply the glue to the jar. Second, place the napkin and add glue again. You have to be very gentle because the napkin can be torn any time. If that happens, just try to put it back with the help of the brush. Once you glued the napkin all around, you have to let it dry. You can





use a hairdryer to accelerate the process. After that, you must add two or three layers of varnish. The varnish will help to protect the product and makes it last longer. When it is dry, it is time to add some little details to make the jar look even nicer.



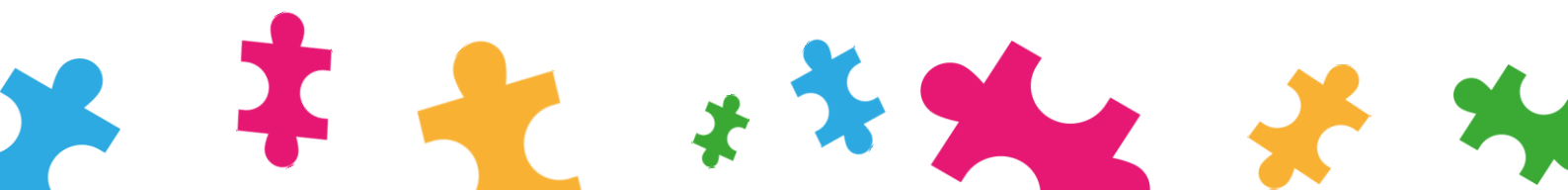
### Tip 2. How to use expired lotion.

Using lotion past the expiration date won't necessarily cause any harm, but expired lotion won't work the way it should. But you can use your expired lotion as impregnation for your shoes or a handbag.

### Tip 3. Nail polish not for nails.

If you have some old nail polish, paint your house key with a bright colour so that you can find it in a hurry, or you can use your nail polish on scratches in the metal parts of your car or bike.

Children love experiments and unusual solutions. Engage them in interesting home activities.





# GRETA

**Challenge-based Learning in Primary Schools for Climate Change Awareness**



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